

# Handahl Design

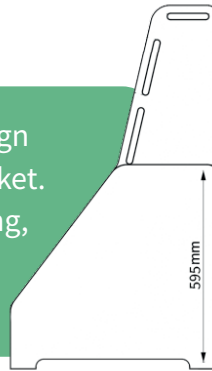
## INVEST IN A BETTER WORKING ENVIRONMENT

Their height allows them to be used both while sitting and standing, reducing the risk of strain injuries and uncomfortable working postures. Handahl Design's dressing stools are tailored to suit a variety of cloakroom and wardrobe layouts.

### AN INVESTMENT THAT PAYS OFF

Investing in ergonomic aids such as our dressing stools is a worthwhile investment for your institution. They can help reduce sick leave and absenteeism by supporting healthier working postures for staff.

At 59.5 cm in height, the Handahl Design dressing stool is the tallest on the market. It can be used both seated and standing, providing a wide range of working positions.



### FACTS

70% of childcare educators and assistants have experienced pain or discomfort in their back or lower back within the past year. People suffering from back pain and back-related conditions have an average of 2.6 additional sick days per year.

This means that 7 out of 10 childcare professionals have 2.6 extra sick days annually, resulting in an average of 18.2 additional sick days due to back problems.

Source: Key Figures on Back Disorders and Back Pain, Danish Rheumatism Association.

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### EXCERPT FROM AN ERGONOMIC ASSESSMENT OF THE DRESSING STOOL AND RAMP

When working with the stool/ramp, staff can sit upright without having to twist their bodies significantly, greatly reducing physical strain during dressing situations in the cloakroom. According to the Danish Working Environment Authority's guideline 4.05.3, "Assessment of Working Postures and Movements"\*, there is a risk of lower-back injuries resulting from unsuitable working postures or movements when: *"The work involves bending forward, twisting, side bending or leaning backwards. The risk increases when the posture is maintained for extended periods, when the movement is repeated frequently, or when lifting is performed simultaneously."*



Good Working Posture

Gert Fuursted, Occupational Therapist  
Senior Consultant, Working Environment Centre

[Read the full report at handahldesign.dk](http://handahldesign.dk)

# Handahl Design



Optimal Working Height

## THE CLOAKROOM – AN OFTEN OVERLOOKED AREA

We know that a healthy and ergonomic working environment is essential for staff in nurseries and kindergartens. That is why Handahl Design has developed our ergonomic dressing stools, designed to make a positive difference in everyday work.



## EXPERIENCES FROM OTHER INSTITUTIONS

Our stools have proven to make a positive difference in nurseries and kindergartens across the country. Staff members who use our furniture have shared how much the stools have helped reduce back pain, neck tension and other work-related discomfort.



Dynamic Working Position

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*It is a godsend. I genuinely think it is fantastic. Since we got this equipment (the dressing stool), nobody bends forward anymore. We use it when helping children put on their trousers, when pulling trousers over boots, when applying sunscreen, and whenever we need to put on a plaster or help with something else. The children simply climb onto the stool, and we move a chair next to it. It works perfectly for us.*

**Else**

Educator, Børnehuset Kokholm

## WHY DO OTHER INSTITUTIONS CHOOSE HANDAHL DESIGN?

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*As a Health and Safety Representative, I can only recommend Handahl Design's products. They help protect my colleagues from poor working postures*

**Anette Hougaard**

Health and Safety Representative  
Svalebo Kindergarten

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